

Embassy of India, Ashgabat  
(Turkmenistan)

Free Live Yoga Sessions

In the run up to the 12<sup>th</sup> International Day of Yoga, the Morarji Desai National Institute of Yoga in New Delhi is conducting multiple 14-day live practice sessions.

2. Yoga enthusiasts in Turkmenistan are cordially requested to register themselves on <https://moa.habit.yoga/>